



Concussion and Head Injury Information Sheet

Pursuant to Article 2.5 (commencing with Section 124235) of Chapter 4 of Part 2 of Division 106 of the Health and Safety Code, before an athlete may participate in any Davis Legacy sanctioned activity, the athlete and his or her parent/guardian must review and execute this Concussion and Head Injury Information Sheet (CHIS). The CHIS is good for one calendar year.

IMPORTANT INFORMATION REGARDING CONCUSSIONS

If an athlete is suspected of sustaining a concussion or head injury during any Davis Legacy activity, the athlete **shall** be immediately removed from the activity. The athlete will not be allowed to resume **any** participation in the activity, or any other Davis Legacy activity, until he or she has been evaluated, and receives written clearance from, a licensed health care provider. By California law, there can be no exceptions to this medical clearance requirement. In addition, if the medical care provider determines the athlete suffered a concussion or a head injury, the athlete shall complete a graduate return-to-play protocol of no less than seven (7) days in duration under the supervision of a licensed health care provider.

Depending on the circumstances of a particular training session or game, a supervising referee, coach/assistant coach, athletic trainer, or attending health care provider may determine that an athlete should be removed from an activity based on a suspected or potential concussion or head injury. The following guidelines will be used: (1) in the case of an actual or perceived loss of consciousness, the student must be immediately removed from the activity; (2) in all other cases, standardized concussion assessment tools (e.g. Sideline Concussion Assessment Tool (SCAT-II), Standardized Assessment of Concussion (SAC), or Balance Error Scoring System (BESS) protocol) will be used as the basis to determine whether the athlete should be removed from the activity. For the safety and protection of the athlete, once one of the individuals described above makes a determination that an athlete must be withdrawn from activity due to the potential existence of a concussion or head injury, **no other coach, player, parent or other involved individual may overrule this determination.**

Once an athlete is removed from an activity, the parent/guardian should promptly seek an evaluation by a licensed health care provider even if the athlete does not immediately describe or show symptoms of a concussion (headache, pressure in the head, neck pain, nausea/vomiting, dizziness, blurred vision, sensitivity to light/sound, feeling "slow"/"foggy," difficulty with balance, concentration, memory, confusion, drowsiness, irritability, emotionality, anxiety, nervousness, or falling asleep). If a parent/guardian is not immediately available to make health care decisions, Davis Legacy reserves the right to take the athlete to an emergency/urgent care provider for evaluation or treatment in keeping with the medical care authorization contained in the registration for Davis Legacy participation.

Date: _____ Date: _____

Athlete: _____ Parent/Guardian: _____

Signature: _____ Signature: _____